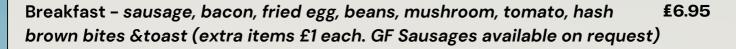


# **Breakfast**

Available from 10am - 11.30am



Big Breakfast - 2 sausage 2 bacon, 2 fried eggs, mushrooms, beans	£9.95
tomatoes, hash brown bites & toast (extra items £1 each. GF Sausages	
available on request)	

Vegan Breakfast (V) 2 x sausage, tomato, mushrooms, beans, toast,	£7.50

Children's Set Breakfast (Sausage, bacon, beans &	toast) £4.00
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Breakfast Baguette - Bacon or Sausage	£4.95
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Beans or Mushrooms on Toast (GF available on request)	£3.50
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Toast, Croissant, or Toasted Teacake with Butter and strawberry	£2.00
Jam or marmalade (V)	

Porridge Pot or Breakfast Cereal (See selection at counter)	€2.00
Porridge Pot or Breakfast Cereal (See Selection at counter)	£Z.UU

€4.25

#### **Pancakes & Waffles**

Available All day

	Pancakes	Waffles
Golden Syrup	£4.50	£4.50
Biscoff	£4.50	£4.50
Mixed Fruit	£4.50	£4.50



Food allergies and Intolerances, please tell a member of staff before ordering and ask for any information We have put together a nut free menu although traces may be present in some ingredients

Bwydlen Gymraeg ar gael ar gais



#### Ar gael o 12pm - cau

#### Pembrey Favourites for only £9.95 each

Fish and Chips served with peas

Beef Burger served with chips (add cheese and bacon £1.50)

Chicken burger served with chips (add cheese and bacon £1.50)

Southern Style Vegetable Burger served with chips (V)

Chicken Curry (GF) served with with rice, chips, or half n half

Sweet potato chickpea and spinach curry (V) served with with rice, chips, or half n half

Ham, Egg & Chips served

Beef Lasagne served with garlic bread and salad garnish

Scampi served with chips and peas

### Pizza

Margarita	£9.50
Veggi Supreme	£9.95
Ham & Pineapple	£9.95
Pepperoni	£11.25
Meat Feast	£12.00
Chicken & Pesto	£12.00
BBQ Chicken	£12.00

#### **Salads**

Carmarthenshire Ham	£7.25
Coronation Chickpea (Vegan)	£7.50
Watermelon, Feta & Mint (V)	£7.25

# **Loaded Fries**

Bacon & Cheese	£6.00
BBQ Chicken	£6.50
Cheese & Beans	£5.95

# **Light Bites** served with a salad garnish

	Baguette	Jacket Potato	
Cheese and red onion chutney (V)	£5.00	£6.75	Add chips to your baguette for an extra £2.00
Ham & Cheese	£5.25	£7.00	
Tandoori Chicken	£6.25	£7.95	
Tuna Mayo	£5.25	£6.95	
Coronation Chickpea (Vegan)	£5.00	£6.75	
Chicken & Bacon	£5.50	£7.25	
Cheese & Beans	1600 <u></u> 76	£6.50	

# Childrens Menu

All meals come with a fruit juice

Ham Salad

Sausage & Chips £4.95

Fish Fingers & Chips
Chicken Nuggets & Chips

each

Teddy Pizza (V)

Lunch box: Ham, Cheese or Jam sandwich,

with crisps & snack

### **Sides**

Chips (Vegan, GF)	£3.00
<b>Sweet Potato Fries</b>	£3.50
Garlic Bread	£3.00
Cheesy Garlic Bread (V)	£3.50
Onion rings (Vegan)	£2.95