



Breakfast

Available from 10am - 11.30am



Breakfast – sausage, bacon, fried egg, beans, mushroom, tomato, hash brown bites & toast (extra items £1 each. GF Sausages available on request)	£6.95
Big Breakfast – 2 sausage 2 bacon, 2 fried eggs, mushrooms, beans tomatoes, hash brown bites & toast (extra items £1 each. GF Sausages available on request)	£9.95
Vegan Breakfast (V) 2 x sausage, tomato, mushrooms, beans, toast,	£7.50
Children’s Set Breakfast (Sausage, bacon , beans & toast)	£4.00
Breakfast Baguette – Bacon or Sausage	£4.95
Beans or Mushrooms on Toast (GF available on request)	£3.50
Toast, Croissant, or Toasted Teacake with Butter and strawberry Jam or marmalade (V)	£2.00
Porridge Pot or Breakfast Cereal (See selection at counter)	£2.00
Watermelon & Orange Juice over ice	£4.25

Pancakes & Waffles

Available All day

	Pancakes	Waffles
Golden Syrup	£4.50	£4.50
Biscoff	£4.50	£4.50
Mixed Fruit	£4.50	£4.50



Why not try our delicious Delux Hot Chocolate

Food allergies and Intolerances, please tell a member of staff before ordering and ask for any information
We have put together a nut free menu although traces may be present in some ingredients

Bwydlen Gymraeg ar gael ar gais

Ar gael o 12pm - cau

Pembrey Favourites for only £9.95 each

Fish and Chips served with peas

Beef Burger served with chips (add cheese and bacon £1.50)

Chicken burger served with chips (add cheese and bacon £1.50)

Southern Style Vegetable Burger served with chips (V)

Chicken Curry (GF) served with with rice, chips, or half n half

Sweet potato chickpea and spinach curry (V) served with with rice, chips, or half n half

Ham, Egg & Chips served

Beef Lasagne served with garlic bread and salad garnish

Scampi served with chips and peas



Pizza

Margarita	£9.50
Veggi Supreme	£9.95
Ham & Pineapple	£9.95
Pepperoni	£11.25
Meat Feast	£12.00
Chicken & Pesto	£12.00
BBQ Chicken	£12.00

Salads

Carmarthenshire Ham	£7.25
Coronation Chickpea (Vegan)	£7.50
Watermelon, Feta & Mint (V)	£7.25

Loaded Fries

Bacon & Cheese	£6.00
BBQ Chicken	£6.50
Cheese & Beans	£5.95

Light Bites *served with a salad garnish*

	Baguette	Jacket Potato
Cheese and red onion chutney (V)	£5.00	£6.75
Ham & Cheese	£5.25	£7.00
Tandoori Chicken	£6.25	£7.95
Tuna Mayo	£5.25	£6.95
Coronation Chickpea (Vegan)	£5.00	£6.75
Chicken & Bacon	£5.50	£7.25
Cheese & Beans	--	£6.50

Add chips to your baguette for an extra £2.00

Childrens Menu

All meals come with a fruit juice

Ham Salad	
Sausage & Chips	£4.95
Fish Fingers & Chips	
Chicken Nuggets & Chips	each
Teddy Pizza (V)	
Lunch box: Ham, Cheese or Jam sandwich, with crisps & snack	

Sides

Chips (Vegan, GF)	£3.00
Sweet Potato Fries	£3.50
Garlic Bread	£3.00
Cheesy Garlic Bread (V)	£3.50
Onion rings (Vegan)	£2.95