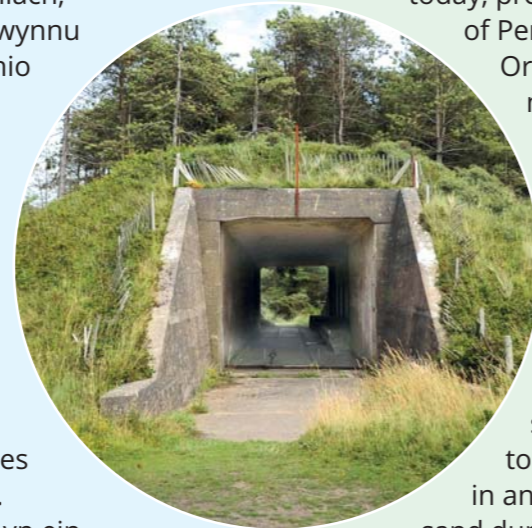


Parc Gwledig Pen-bre

Nid y parcdir godidog a welwch heddiw fu Parc Gwledig Pen-bre erioed. O'r blaen, dyma oedd safle Ffatri Ordnans Frenhinol Pen-bre. Os gwelwch y bynceri congrid enfawr ar y safle, arfdai ydynt mewn gwirionedd a adeiladwyd yn ystod yr Ail Ryfel Byd i storio deunyddiau ffrwydrol. Roedd tair ystafell ganolog yn cael eu defnyddio fel stordai, a byddai yna reilffordd i gludo deunyddiau i mewn ac allan. Cynigai gludo twyni tywod Pen-bre yr amodau delfrydol i'r gwaith peryglus o greu ffrwydron! Nid yn unig bod y twyni tywod yn sgrin effeithiol, ond roeddynt hefyd yn lleihau unrhyw ddifrod posibl a allai ddigwydd yn sgil ffrwydrad. Nid syndod, felly, i'r ardal ddenu cynhyrchwyr powdwr gwn a dynamit mor gynnar ag 1881. Dros y canrifoedd

mae llu o longau wedi eu dryllio ar draeth Cefn Sidan - yn wir 1668 yw'r cofnod cynharaf. Bellach, darnau coed wedi gwynnu a phydru sy'n ymwthio o'r tywod tua phen gogleddol y traeth yw'r unig dystiolaeth o'r holl longau fu'n hwylio ar hyd y glannau hyn. Mae'r angorau sydd i'w gweld wrth y brif fynedfa i'r traeth hefyd yn tystio i hanes morwrol Cefn Sidan. Mae taflenni ar gael yn ein canolfan ymwelwyr.



Pembrey Country Park

Pembrey Country Park wasn't always the magnificent parkland you see today, previously it was the site of Pembrey's Royal Ordnance Factory. The massive concrete 'bunkers' located on the site are actually magazines built in the Second World War to store explosive material. Three central rooms were for storage with a railway to transport materials in and out. The isolated sand dunes of Pembrey Burrows provided the ideal conditions for the dangerous occupation of manufacturing

explosives! The sand dunes not only provided an effective blast screen but also minimised any possible damage in the event of an explosion. It is hardly surprising therefore, that the area attracted the producers of gun powder and dynamite as early as 1881. Cefn Sidan is the final resting place to a number of shipwrecks dating back to 1668. Evidence of the vast volume of sea traffic which passed along our shores can be seen protruding from its sands towards the northern end of the beach. A walk of around 10 miles would have to be undertaken to see them all. Anchors displayed at the main beach entrance are medallions of Cefn Sidan's maritime history. Further leaflets are available at our visitor centre.



Map Cyfeiriadu

Orienteering Map



CYRSIAU POSIBL:

Mae'r cyrsiau canlynol yn amrywio o ran eu hyd a'u her. Gallwch greu eich cyrsiau eich hun ond sylwch fod lefel her y manau rheoli yn amrywio, fel y nodir yn y disgrifiadau.

Dechreuwch wrth y triongl 'S1', 'S2' neu 'S2'

SUGGESTED COURSES:

The following courses vary in length and difficulty. You can make up your own courses, but note that the controls have different degrees of difficulty as set out in the descriptions.





























Start at the triangle 'S1', 'S2' or 'S3'

S1	Melyn	Yellow	1.8km	Hawdd / Easy	S1-32-37-38-33-34-36-35-31-S1
S2	Melyn	Yellow	1.7km	Hawdd / Easy	S2-31-32-37-38-33-34-36-35-S2
	Oren	Orange	2.6km	Canolig / Medium	S2-28-27-29-33-38-21-15-20-17-S2
	Gwyrdd byr	Short Green	1.6km	Anodd / Difficult	S2-17-25-23-24-18-28-S2
	Coch	Red	3.2km	Anoddach / Harder	S2-36-23-30-14-10-15-5-19-S2
S3	Melyn	Yellow	1.6km	Hawdd / Easy	S3-11-26-12-9-1-2-22-S3
	Oren	Orange	3.3km	Canolig / Medium	S3-11-32-16-4-3-6-22-9-14-26-S3
	Gwyrdd	Green	3.2km	Anodd / Difficult	S3-8-13-30-15-5-4-3-6-7-S3

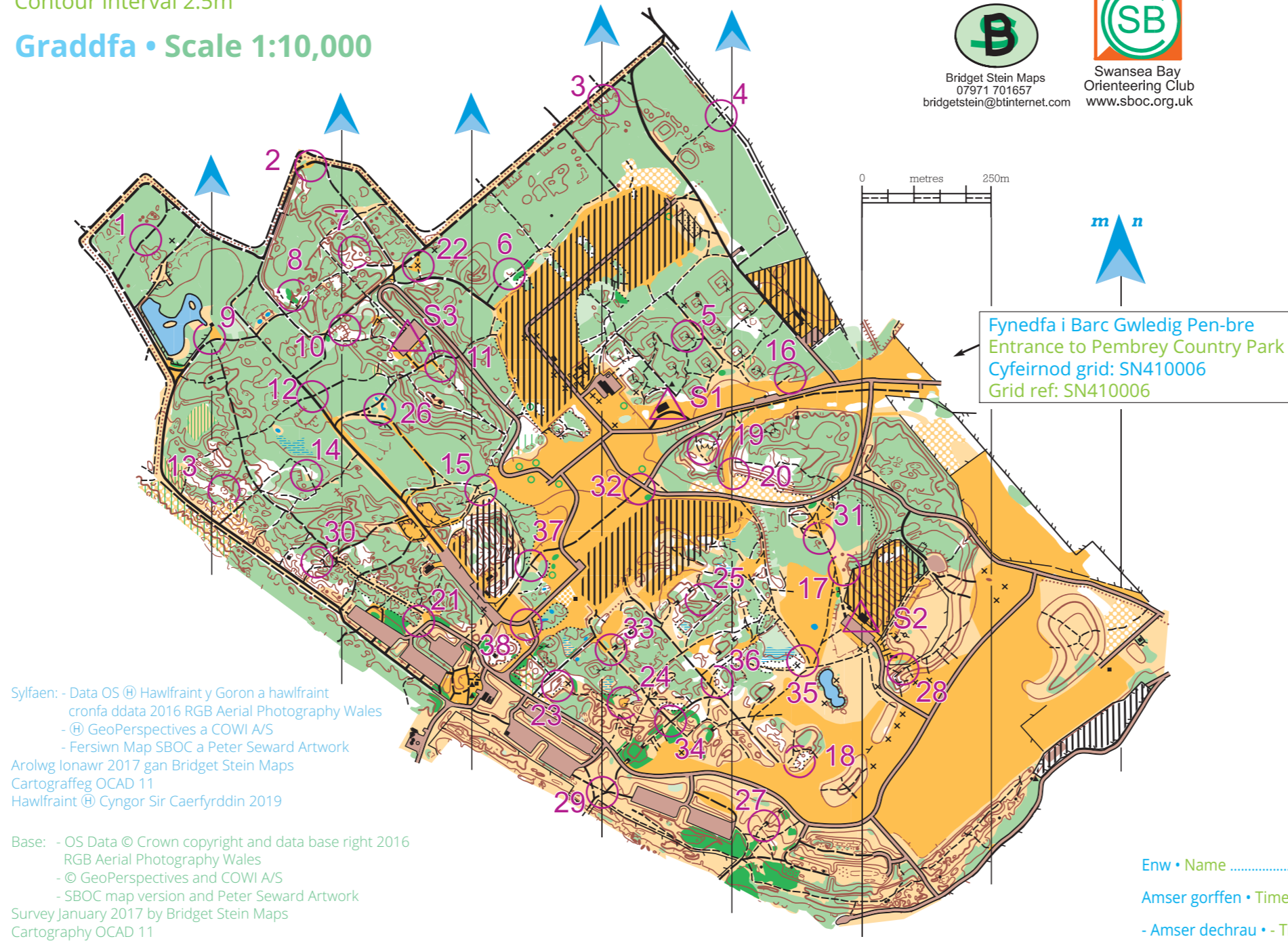


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Allwedd

-  Gwaharddedig
-  Coedwig - rhedeg
-  Coedwig - rhedeg yn araf
-  Coedwig - anodd mynd trwyddi
-  Dryslwyn
-  Prysgwydd
-  Agored
-  Garw agored
-  Coed gwasgareddig mewn tir garw agored
-  Ffordd arwynebog
-  Ffordd drol; maes parcio
-  Llwybr cerbyd
-  Llwybrau: mawr, bach
-  Ffens y gellir ei chroesi
-  Ffens na ellir ei chroesi, gyda man croesi
-  Cyfuchliniau, ffurflin
-  Llethr pridd; clawdd pridd
-  Rhigol; ffos
-  Bryncyn
-  Pant, pydew
-  Tir toredig
-  Llyn - ni ellir ei groesi
-  Cors; pwll
-  Adeilad; tir wedi'i gau â ffens
-  Clogfaen; gwrthrych gwneud
-  Twneli: mwy, llai
-  Ffin llystyfiant bendant
-  Coeden bendant


Cyfwng Cyfuchinol 2.5m Contour interval 2.5m Graddfa • Scale 1:10,000



Supported by























Bridget Stein Maps
07971 701657
bridgetstein@btinternet.com



Swansea Bay Orienteering Club
www.s boc.org.uk

1	2	3
4	5	6
7	8	9
10	11	12
13	14	15
16	17	18
19	20	21
22	23	24
25	26	27
28	29	30
31	32	33
34	35	36
37	38	

- ## Key
-  Out of bounds
 -  Forest - run
 -  Forest - slow run
 -  Forest - difficult to pass
 -  Thicket
 -  Undergrowth
 -  Open
 -  Rough open
 -  Scattered trees in rough open
 -  Surfaced road
 -  Dirt road; car park
 -  Vehicle track
 -  Paths: large, small
 -  Crossable fence
 -  Uncrossable fence with crossing
 -  Contours; formline
 -  Earthbank; earthwall
 -  Gully; ditch
 -  Knoll
 -  Depression; pit
 -  Broken ground
 -  Lake - uncrossable
 -  Marsh; pond
 -  Building; fenced enclosure
 -  Boulder; man-made object
 -  Tunnels: larger, smaller
 -  Distinct vegetation boundary
 -  Distinct tree

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Enw • Name

Amser gorffen • Time finished

- Amser dechrau • - Time started

= Amser a gymerwyd • = Time taken

