

# MENU

## BREAKFAST SERVED UNTIL 11.30AM

Greek Yoghurt, Berry Compote and Granola (V)	£2.40
Croissant or Toast with Jam or Nutella (V)	£1.50
Egg on toast (scrambled, fried, or poached) (V)	£2.50
Beans on Toast (V)	£2.50
Porridge with Berry Compote or Golden Syrup (V)	£1.50
Filled Breakfast Roll- Sausage & Egg or Bacon or Egg	£3.00
<b>Traditional Welsh Cooked Breakfast</b> - Bacon x 2,	£5.95
Sausage, Egg, Mushrooms, Tomato & Locally Sourced Lava Bread Cakes, Toast	
<b>Cooked Set Breakfast</b> -Bacon, Sausage, Egg,	£5.50
Mushrooms, Tomato, Beans & Hash Brown, Toast	
<b>Vegetarian Cooked Breakfast</b> - Vegetarian Glamorgan	£5.50
Sausage x 2, Egg, Mushrooms, Tomato, Beans & Hash Brown, Toast (V)	

## LIGHT BITES

	Sandwich / Toastie	Baguette
Welsh Cheese and Chutney (V)	£2.95	£3.50
Premium Ham	£2.95	£3.50
Prawn & Marie Rose Sauce	£3.50	£4.00
Steak, Onion & Mushroom	£4.50	£5.00
Homemade Soup & Bread	£3.50	

## MAINS

Pork & Leek Sausages, Mash & Gravy	£7.50
Battered Fish & Chips	£7.95
Lasagne (Beef), Salad & Garlic Bread	£7.95
Vegetable Lasagne, Salad & Garlic Bread (V)	£7.95
Chicken Curry with Rice or Chips	£7.50
1/2 & 1/2 (GF)	£7.95
Vegetable Curry with Rice or Chips	£7.50
1/2 & 1/2 (GF, Vegan)	£7.95
Fishcake, Salad & Saute Potatoes	£7.95
Beef Burger in Brioche bun & Chips	£6.95
Beef Burger in Brioche Bun with Bacon & Cheese served with Chips	£7.95
Spicy Veggi Burger in Brioche Bun & Chips (V)	£7.95
Falafels with warm pitta, Salad & Hummus (Vegan)	£6.50
8oz Rump Steak with tomatoes, mushrooms, onions, chips or sauté potatoes (GF)	£11.95
Tandoori Chicken Skewers with tzatziki dip served on a bed of basmati rice or salad (GF)	£7.95
<b>Sharing Platter</b> -Tandoori Chicken Skewers, sweet potato fries, garlic bread, chips and dips (for 2 people)	£10.00

## STONE BAKED PIZZAS 12"

Margarita (V)	£6.95
Hawaiian	£7.95
Meat Feast	£8.95

## SIDES

Sweet Potato Fries	£2.50
Chips	£2.00
Garlic Bread	£1.50
Side Salad	£1.50
Sauté Potatoes	£2.50
Peppercorn Sauce	£1.50

## BEVERAGES

Americano	£2.00
Latte	£2.25
Mocha	£2.25
Cappuccino	£2.25
Tea	£2.00
Hot Chocolate	£2.25
Deluxe Hot Chocolate	£2.50
Cans -	£1.00
Coke, Cola, Diet, Zero, Dr Pepper, 7Up Fanta - Orange or Lemon, Cloudy Lemonade	
Fruit Juice - Orange or Apple	£0.60
Milkshake - Strawberry, Chocolate or Banana	£0.60
Bottle Water	£1.00
Sparkling Water	£1.00
Squash - Orange or Blackcurrant	£0.50

Food allergies and Intolerances,  
please tell a member of staff before  
ordering and ask for any information



Yr Orsaf

# BWYDLEN

## BRECWAST

TAN 11.30AM

logwrt Groegaidd, Compot Aeron a Granola (V)	£2.40
Croissant neu dost gyda jam neu Nutella (V)	£1.50
Ŵy ar dost (wedi'i sgramblo, wedi'i ffrio, neu wedi'i botsio)(V)	£1.50
Ffa Pob ar Dost (V)	£1.50
Uwd gyda Chompot Aeron neu Driog Melyn	£1.50
Brechdanau Brecwast -selsig ac ŵy neu facwn ac ŵy	£3.00
<b>Brecwast Twym Cymreig</b> Traddodiadol	£5.95
Bacwn x 2, Selsig, Ŵy, Madarch, Tomato a Theisennau Bara Lawr Lleol,Tost	
<b>Brecwast Twym</b>	£5.50
Bacwn, Selsig, Ŵy, Madarch, Tomato, Ffa Pob a Hash Brown, Tost	
<b>Brecwast Twym Llysieuol</b>	£5.50
Selsig Morgannwg x 2, Ŵy, Madarch, Tomato, Ffa Pob a Hash Brown, Tost (V)	

## PIZZAS 12" WEDI'U POBI

AR GARREG

Margarita (V)	£6.95
Hawaii	£7.95
Gwledd Gig	£8.95

## AR YR OCHR

Sglodion Tato Melys	£2.50
Sglodion	£2.00
Bara Garlleg	£1.50
Salad Bach	£1.50
Tato wedi'u Ffrio'n Ysgafn	£2.50
Saws Puprennau	£1.50

## RHYWBETH YSGAFN

	Brechdan / Tosti	Baguette
Caws Cymreig a Siytni (Llys) (V)	£2.95	£3.50
Ham Gorau	£2.95	£3.50
Corgimwch a Saws Marie Rose	£3.50	£4.00
Stecen, Nionyn a Madarch	£4.00	£4.50
Cawl Cartref a Bara	£2.95	

## DIODYDD

Americano	£2.00
Latte	£2.25
Mocha	£2.25
Cappuccino	£2.25
Te	£2.00
Siocled Poeth	£2.25
Siocled Poeth Arbennig	£2.50
Caniau -	£1.00
Coke, Cola, Diet, Zero, Dr Pepper, 7Up Fanta - Oren neu Lemon, Lemonêd Cymylog	
Sudd Ffrwythau - Oren neu Afal	£0.60
Ysgytlaeth - Siocled, Mefus ,Banana	£0.60
Potel o Ddŵr	£1.00
Dŵr Disglair	£1.00
Diod ffrwythau - Oren neu Cyrens Duon	£0.50

## PRIF GWRS

Selsig Porc a Cennin, Tato Pwtsh a Grefi	£7.50
Pysgodyn mewn Cytew a Sglodion	£7.95
Lasagne (cig eidion) wedi'i weini â salad a bara garlleg	£7.95
Lasagne llysiau wedi'i weini â salad a bara garlleg	£7.95
Cyrrï Cyw Iâr gyda Reis neu Sglodion (V)	£7.50
1/2 a 1/2 (GF)	£7.95
Cyrrï Llysiau gyda Reis neu Sglodion	£7.50
1/2 a 1/2 (GF, Fegan)	£7.95
Cacen Bysgod, Salad a Tato wedi'u Ffrio'n Ysgafn	£7.95
Byrgyr Cig Eidion yn bynen Brioche a Sglodion	£6.95
Byrgyr Cig Eidion yn bynen Brioche gyda Bacwn, Caws a Sglodion	£7.95
Byrgyr Llydiau Sbeislyd yn bynen Brioche & Sglodion(V)	£7.95
Falafels- wedi'u gweini mewn pitta cynnes gyda salad a hwmws (Fegan)	£6.50
stecen Rymp 8 owns gyda thomato, madarch, winwns, sglodion neu dato wedi'u ffrio'n ysgafn(GF)	£11.95
Sgiwerau Cyw Iâr Tandoori gyda dip tzatziki wedi'u gweini ar wely o reis basmati neu salad (GF)	£7.95
<b>Plat Rhannu</b> -Sgiwerau Cyw Iâr Tandoori, sglodion tato melys, bara garlleg, creision a dipiau	£10.00

**Alergeddau bwyd ac Anaddfed,  
dywedwch wrth aelod o staff cyn  
archebu a gofynnwch am unrhyw  
wybodaeth**



**Yr Orsaf**

# SUNDAY MENU

## BREAKFAST SERVED UNTIL 11.00AM

- Croissant or Toast with Jam or Nutella (V) £1.50
- Egg on toast (scrambled, fried, or poached)(V) £1.50
- Beans on Toast (V) £1.50
- Filled Breakfast Roll- sausage & egg or bacon or egg £3.00

**Cooked Set Breakfast** £5.50  
Bacon, Sausage, Egg, Mushrooms, Tomato, Beans & Hash Brown, Toast

**Vegetarian Cooked Breakfast** £5.50  
Vegetarian Glamorgan Sausage x 2, Egg, Mushrooms, Tomato, Beans & Hash Brown, Toast (V)

## JUNIOR RANGER BREAKFAST

- Cereal Box (V) £1.50
- Wholemeal or White Toast & Jam neu Nutella £1.50
- **Cooked breakfast** – Any 4 items £2.50  
Bacon, Sausage, Veggie Sausage, Egg, Hashbrown, Beans, Tomatoes, Toast



## SUNDAY LUNCH 12PM - CLOSE

**£8.95**

- Roast Pork with Stuffing & Apple Sauce
- Roast Turkey Breast with with Stuffing & Cranberry Sauce
- Roast Topside of Beef with Yorkshire Pudding & Horseradish Sauce
- Vegetarian Option available (V)

All of our Roasts are served with a selection of potatoes & vegetables

## JUNIOR RANGER LUNCH

- Sunday Lunch £4.95
- Kickin' Chicken Nuggets £4.00
- Fish sticks from the sea £4.00
- Sausage (Gluten free option available) £4.00
- Den Building Veggi Sausage(V) £4.00
- Teddy Bear Pizza -(Cheese & Tomato)(V) £4.00

*Classics served with peas or beans & salad, chips or jacket potato*



## BEVERAGES

Americano	£2.00
Latte	£2.25
Mocha	£2.25
Cappuccino	£2.25
Tea	£2.00
Hot Chocolate	£2.25
Deluxe Hot Chocolate	£2.50
Cans -	£1.00
Coke, Cola, Diet, Zero, Dr Pepper, 7Up	
Fanta - Orange or Lemon, Lemonêd Cymylog	
Fruit Juice - Orange or Apple	£0.60
Milkshake - Strawberry, Chocolate or Banana	£0.60
Bottle Water	£1.00
Sparkling Water	£1.00
Squash - Orange or Blackcurrant	£0.50



**Yr Orsaf**

**Food allergies and Intolerances, please tell a member of staff before ordering and ask for any information**

# BWYDLEN DYDD SUL

## BRECWAST TAN 11.00AM

- Croissant neu dost gyda jam neu Nutella £1.50
- Ŵy ar dost (wedi'i sgramblo, wedi'i ffrio, neu wedi'i botsio) £1.50
- Ffa Pob ar Dost £1.50
- Rhodyn Brecwast -selsig ac ŵy neu facwn ac ŵy £3.00
- **Brecwast Twym** £5.50  
Bacwn, Selsig, Ŵy, Madarch, Tomato, Ffa Pob a Hash Brown, Tost
- **Brecwast Twym Llysieuol**- Selsig Morgannwg £5.50  
x2, Ŵy, Madarch, Tomato, Ffa Pob a Hash Brown, Tost

## BRECWAST PARCMYN IAU

- Bocs Grawnfwyd £1.50
- Tost Bara Gwenith Cyflawn neu Fara Gwyn a Jam neu Nutella £1.50
- **Brecwast Twym** – unrhyw 4 eitem £2.50  
Bacwn, Selsig, Selsig Llysieuol, Ŵy, Hash Brown, Ffa Pob, Tomato, Tost



## CINIO DYDD SUL 12PM - CAU

£8.95

- Porc Rhost gyda saws afal a stwffin
- Twrci Rhost gyda saws llugaeron a stwffin
- Cig Eidion Rhost gyda pwdin swydd efrog a saws marchrddygl
- Opsiwn Llysieuol ar gael (V)

Mae pob un o'n Rhost yn cael detholiad o datws a llysiau

## CINIO PARCMYN IAU

- Rhost Dydd Sul £4.95
- Nygets Cyw Iâr £4.00
- Ffyn pysgod o'r môr £4.00
- Selsig (Dewis heb glwten ar gael) £4.00
- Selsig Llysieuol y Lloches(V) £4.00
- Pizza Tedi Bêr (Casw a tomato)(V) £4.00

Hen ffefrynnau wedi'u gweini â phys neu ffa pob a salad, sglodion neu daten bob



## DIODYDD

- Americano £2.00
- Latte £2.25
- Mocha £2.25
- Cappuccino £2.25
- Te £2.00
- Siocled Poeth £2.25
- Siocled Poeth Arbennig £2.50
- Caniau - £1.00
- Coke, Cola, Diet, Zero, Dr Pepper, 7Up
- Fanta - Oren neu Lemon, Lemonêd Cymylog
- Sudd Ffrwythau - Oren neu Afal £0.60
- Ysgytlath - Siocled, Mefus, Banana £0.60
- Potel o Ddŵr £1.00
- Dŵr Disglair £1.00
- Diod ffrwythau - Oren neu Cyrens Duon £0.50

**Alergeddau bwyd ac Anaddfed, dywedwch wrth aelod o staff cyn archebu a gofynnwch am unrhyw wybodaeth**



Yr Orsaf

# JUNIOR RANGERS



## BUSHCRAFT BREAKFAST

Until 11.30AM

- Cereal Box (V) £1.50
- Wholemeal or White Toast & Jam or Nutella (V) £1.50
- Cooked breakfast – Any 4 items £2.50  
Bacon, Sausage, Veggie Sausage, Egg, Hashbrown, Beans, Tomatoes, Toast

## ADVENTURE TUCKER

- Mighty Mammoth Picnic Platter - Sandwich with choice of filling (Ham or Cheese (V)), tortilla chips, Veg, dipping sticks with a tomato salsa, fruit kebab £3.50
- All Stars Pasta - served with tomato sauce & garlic bread (V) £3.00
- Bears Lunch Jacket Potato - filled with beans, cheese or Tuna Mayonnaise (GF) £3.00
- Dragons Choice Salad - ham, cheese (V) or mixed Bean (Vegan) served with chunky bread £3.00

## CLASSICS

- Kickin' Chicken Nuggets
- Fish sticks from the sea
- Sausage (Gluten free option available (GF))
- Den Building Veggie Sausage (V)
- Teddy Bear Pizza - (Cheese & Tomato) (V)
- Beef Burger

Classics served with peas or beans & salad, chips or jacket potato

## BEVERAGES

Hot Chocolate £2.25  
Deluxe Hot Chocolate £2.50

Cans - £1.00  
Coke, Cola, Diet, Zero, Dr Pepper, 7Up  
Fanta - Orange or Lemon, Cloudy  
Lemonade

Fruit Juice - Orange or Apple £0.60  
Milkshake - Strawberry, Chocolate or Banana £0.60  
Bottle Water £1.00  
Sparkling Water £1.00  
Squash - Orange or Blackcurrant £0.50



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Yr Orsaf

# PARCMYN IAU

## BRECWAST BYW YN Y GWYLLT TAN 11.30am

- Bocs Grawnfwyd (V) £1.50
- Tost Bara Gwenith Cyflawn neu Fara Gwyn a Jam neu Nutella (V) £1.50  
£2.50
- Brecwast Twym – unrhyw 4 eitem Bacwn, Selsig, Selsig Llysieuol, Wŷy, Hash Brown, Ffa Pob, Tomatos, Tost

## BAROD AM ANTUR

- Plât Picnic y Mamoth Mawr- Brechdan gyda dewis o lenwad (ham neu gaws(V)), sglodion tortilla, ffyn llysiau gyda salsa tomato, cebab ffrwythau £3.50
- Pasta'r Sêr – wedi'i weini â saws tomato a bara garlleg(V) £3.00
- Taten Bob Cinio'r Arth - gyda llenwad ffa pob, caws neu Tiwna a Mayonnaise (GF) £3.00
- Salad y Ddraig - ham, caws (V) neu ffa cymysg (Fegan) wedi'i weini â bara trwchus £3.00

## CLASURON

- Nygets Cyw Iâr
- Ffyn pysgod o'r môr
- Selsig (Dewis heb glwten ar gael)
- Selsig Llysieuol y Lloches(V)
- Pizza Tedi Bêr (Casws a tomato))(V)
- Byrgyr Cig Eidion

*Hen ffefrynnau wedi'u gweini â phys neu ffa pob a salad, sglodion neu daten bob*

## DIODYDD

Siocled Poeth	£2.25
Siocled Poeth Arbennig	£2.50
Caniau -	£1.00
Coke, Cola, Diet, Zero, Dr Pepper, 7Up	
Fanta - Oren neu Lemon, Lemonêd	
Cymylog	
Sudd Ffrwythau - Oren neu Afal	£0.60
Ysgytlaeth - Siocled, Mefus ,Banana	£0.60
Potel o Ddŵr	£1.00
Dŵr Disglair	£1.00
Diod ffrwythau - Oren neu Cyrens Duon	£0.50



**Alergeddau bwyd ac Anaddfed, dywedwch wrth aelod o staff cyn archebu a gofynnwch am unrhyw wybodaeth**



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